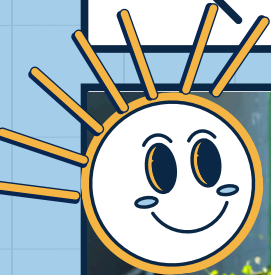




SPRINGFIELD CENTRAL SHS



# SCSHS

*Student Support*  
**+ WELLNESS**

HANDBOOK



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# INTRODUCTION



**GOOD  
VIBES  
ONLY**

At Springfield Central State High School, we understand the importance of successful transitions between primary and high school. We also understand that some Students With Additional Needs (SWAN) may need more focused and intensive plans to support their transition and the barriers they face to a successful transition into junior secondary schooling. Our SWAN team is committed to a whole-school approach to ensure successful transition planning as we work in partnership with students, their families and specialists.

# GUIDANCE OFFICERS



Guidance Officers provide support to students and their parent/carer in a range of areas, these include:

- Mental health and wellbeing concerns
- Study skills and time management support
- Careers and pathways guidance
- AARA (Access arrangements and reasonable adjustments) support
- Transitions to alternative schooling
- Physical health and development
- Links to external support services

They also refer students to other school supports when required.



## STUDENT WELLBEING GO

Provides wellbeing support and counselling to students with mild to moderate mental health concerns, focusing on prevention and early intervention. They can provide individual and small group support for a range of mental health and wellbeing issues. They also work as part of the school team to develop strategies to support students with mental health concerns.



# YOUTH SUPPORT CO-ORDINATORS

At SCSHS, Youth Support Co-ordinators play a crucial role in fostering the social, emotional, and educational development of students. They provide personalised assistance and guidance to students facing personal challenges such as mental health issues, family conflicts, and academic obstacles. Additionally:

- They offer support to students dealing with friendship issues, stress management, anxiety, and academic hurdles.
- Youth Support Co-ordinators organise workshops, programs, and events to promote positive mental health, resilience, and overall well-being among students.
- They collaborate with teachers, parents, and external organisations to create a supportive network for students.
- Youth Support Co-ordinators advocate for the needs and rights of young individuals within and beyond the school community.



Dedicated Youth Support Co-ordinators at SCSHS form connections with students and families, implementing tailored strategies to enhance educational journeys. They monitor well-being, intervene with counselling and support, and focus on strengths to improve social skills and relationships.

# WELLNESS HUB

The Wellness Hub serves as a sanctuary for students seeking support with their well-being. Students come here for a peaceful environment to recharge or to meet with a Support Team member. The hub is equipped with calming features like lava lamps, soothing music, and engaging activities such as puzzles, colouring, and sensory items. Staff members may recommend students to visit the Wellness Hub, or students can also spontaneously approach our welcoming Wellness Admin for assistance in filling out a form to request a meeting with a Support Team member.



**MOLLY**



Introducing Molly, Our School Therapy Dog  
Molly adores spending time with our students and can be found in various areas around the school including the Wellness hub, the Support hub, and the Mindfulness club  
She also makes special appearances at school events and classrooms. Molly is known for being friendly, gentle, and enjoying affectionate pats.




# **LGBTIQ+** **SPACE**

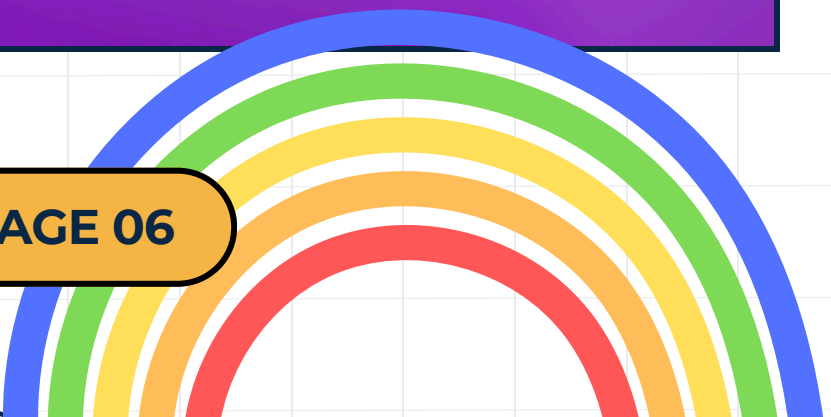
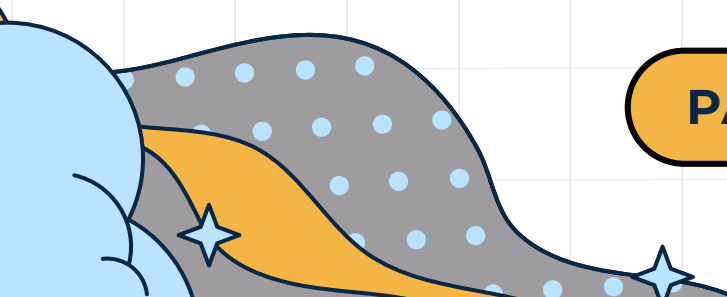
Every student is welcome in our school.

At SCSHS we are committed to providing a safe, supportive and inclusive environment for all students, including lesbian, gay, bisexual, trans, intersex and queer (LGBTIQ+) students. The Department of Education supports state schools to respond to the individual needs of all students to ensure their wellbeing is nurtured and their learning maximised.

## RAINBOW SPACE

The Rainbow Space supports LGBTQIA+ students & welcomes allies to weekly, lunchtime gatherings.

We run activities that change each week, from casual games, to watching inclusive cartoons, or honouring significant events like PRIDE and Wear It Purple day. Rainbow Space is a safe and relaxed spot to connect, unwind, and celebrate diversity within our school! 



# COMMUNITY EDUCATION COUNSELLOR

The CEC provides support and education counselling for Aboriginal and Torres Strait Islander students. From these diverse cultural backgrounds, SCSHS supports and celebrates the shared cultural learning environment of our students. CEC's are described as the 'cultural liaison' link connection between school and community.

Through the extensive opportunities available, Aboriginal and Torres Strait Islander students can be successful in their education, further training or future employment



## BEYOND THE BRONCOS

The Beyond the Broncos program is helping First Nations students at SCSHS to accelerate their learning outcomes, develop cultural pride and find their voice for change.

The program empowers Aboriginal and Torres Strait Islander students in Years 7 – 12 to embed their culture into the fabric of their school and better their community through transferable skills.



# STUDENT SUPPORT

## DEFENCE SCHOOL MENTOR



The Defence School Mentor (DSM) Program provides support to Defence students and their families. It helps students with building friendship connections, feelings of belonging, a safe space to chat over any concerns or successes and a friendly face within a new school environment.

Various programs and memorials are offered throughout the year. Defence Corner is run for defence students and their friends three times a week, offering games, craft, puzzles, handball, challenges, an outside area and a variety of snacks.

# STUDENT SUPPORT



## SCHOOL BASED YOUTH HEALTH NURSE

The Youth Health Nurse can provide health and wellbeing information about:

- Feeling unhappy or stressed
- Relationships
- Healthy skin
- Healthy eating and physical activity
- Personal and family problems
- Growth and development
- Sexual Health
- Smoking, alcohol and other drugs.



## SPEECH PATHOLOGY

Speech-language pathologists can help students with:

- developing their speech sound system
- understanding and using language for thinking, discussing, reading, writing, numeracy and learning
- managing social interactions in the school setting
- speaking fluently having a healthy voice so that they can manage talking throughout the school day



# STUDENTS WITH ADDITIONAL NEEDS



The SCSHS Students with Additional Needs (SWAN) team comprises of qualified special education teachers and teacher aides, possessing a high level of expertise and extensive experience. This enables us to offer necessary support, adjustments, and accommodations for students with disabilities and specialised health needs in all school learning environments.

## **Roles of the SWAN Team:**

- Collaborate with the classroom teacher to facilitate access and participation in the curriculum for students with disabilities.
- Maintain communication with parents, classroom teachers, and therapists to ensure educational priorities are met.
- In special schools or special education units, special education teachers may also serve as classroom teachers.
- Oversee special education units or classes providing educational services to students with disabilities.

## **Our Approach:**

- Emphasise open communication, trustful relationships, and close collaboration with students, parents/carers, and external agencies.
- Advocate for students with disabilities to create a caring, challenging, and inclusive learning environment that focuses on student capability and success at school.

The SCSHS SWAN team holds a crucial and esteemed position within the school community.

# STUDENTS WITH ADDITIONAL NEEDS



At SCSHS we support the education of students with additional needs through a whole school approach to intervention. We nurture positive relationships between students, teachers and the community.

This includes:

- Individualised differentiated learning strategies.
- Learning intervention programs.
- Case Management
- Collaboration with student, family, specialists and members of the SCSHS SWAN team.
- Monitoring students' individual performance and behaviour.
- Support new arrivals and their families through integrating them into the new environment and incorporate the holistic needs of new students including academic, social and emotional.



# EAL/D SUPPORT

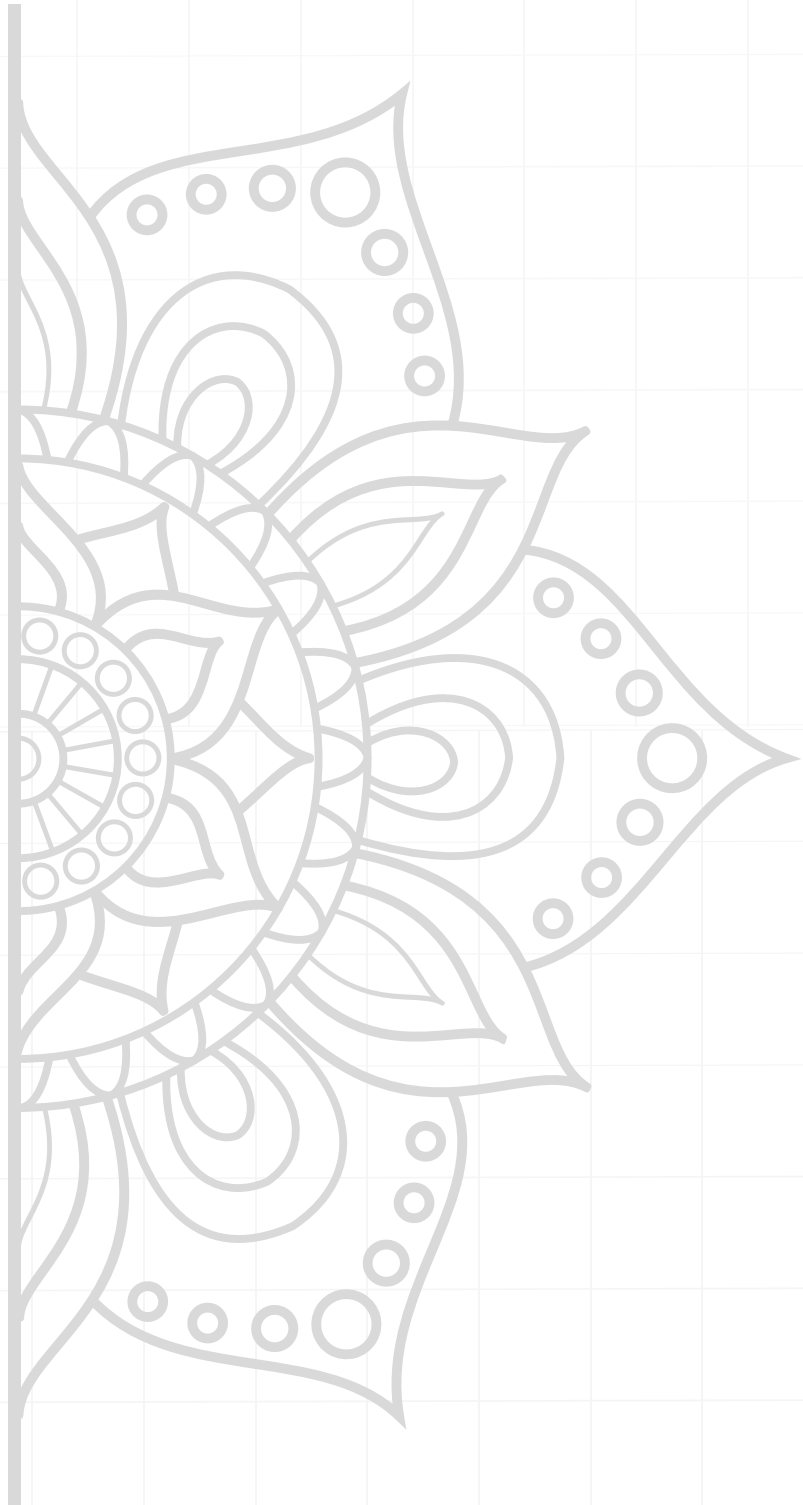
English as an additional language or dialect (EAL/D) students are those whose first language is a language or dialect other than English and who need support in developing their proficiency in Standard Australian English (SAE), both conversational and academic. These students can include:

- Aboriginal and Torres Strait Islander students
- children born in Australia
- immigrants and refugees
- international students
- children of adults who use Auslan to communicate.

EAL/D students bring a range of experiences, language and cultures, which are viewed as a strength. Understanding the backgrounds (language, culture, experiences) of our

students is vital. Students are learning a language while learning through the language. All students at SCSHS have the right to access the curriculum and are entitled to demonstrate the full extent and depth of their learning against the relevant learning area and/or subject achievement standards. We use a whole school approach to support student learning and provide differentiated support. SCSHS makes decisions about the ongoing level of support, based on EAL/D students' level of English language proficiency.







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 GROWTH  
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 HARMONY  
 INCLUSION

INTEGRITY  
 KIND  
 KINDNESS  
 POSEIDON  
 RELATIONSHIPS  
 RESILIENCE  
 RESPECT  
 RESPONSIBILITY

SPRINGER  
 STRENGTH  
 SUPPORT  
 VALUES  
 WELCOME  
 WELLBEING



SPRINGFIELD CENTRAL SHS



# CONTACT

## *Information*

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